Healing Oils of the Bible

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Reference

• Bible
• Healing Oils of the Bible
  – David Stewart, PhD
Joy

• Though this oil is not specifically referenced in the Bible, our lives are richly blessed when we live with gratitude, gladness, rejoicing, and joy.

• Isaiah 61:3
  – To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORd, that he might be glorified.
Background on Biblical Oil

• God: the world’s first aromatherapist
• Genesis 2:8
  – And the LORD God planted a garden eastward in Eden; and there he put the man whom he had formed.
• Ezekiel 47:12
  – And by the river upon the bank thereof, on this side and on that side, shall grow all trees for meat, whose leaf shall not fade, neither shall the fruit thereof be consumed: it shall bring forth new fruit according to his months, because their waters they issued out of the sanctuary: and the fruit thereof shall be for meat, and the leaf thereof for medicine.
First Mentions of Oils in the Bible

- Genesis 37-50
  - Joseph, the youngest son of Jacob is the favorite of his father. His older brothers hate him and cast him into a pit, and then sell Joseph to traders who carry ‘spicery, balm, and myrrh.’ They sell Joseph.
  - Joseph eventually finds favor with the Pharaoh, and was elevated from slave to second only to the king.
  - A famine strikes Israel and Joseph’s brothers come to Egypt to buy fruits, and pay with honey, spices, myrrh, nuts, and almond.
A Story of Love, Forgiveness, Repentance
HOW WERE OILS USED IN THE BIBLE?
any of a class of volatile oils that give plants their characteristic odors. used especially in perfumes and flavorings and for aromatherapy
Incense

A substance that is used in religious ceremonies to produce a strong and pleasant smell when it is burned.
May my prayer be set before you like incense; may the lifting up of my hands be like the evening sacrifice.

Psalm 141:2
The Lord spoke unto Moses saying: Take thou also thee principal spices of myrrh, Five hundred shekels, of sweet cinnamon, half as much, an even two hundred-fifty shekels and of Sweet calamus two hundred fifty shekels Of cassia five hundred shekels, after the shekel of Sanctuary, and of oil olive an hin And thou shalt make it an oil of holy ointment, an Ointment compound after the art of the apothecary: And it shall be an holy anointing oil Exodus 30:22-25
Holy Healing Ointment

• Original Recipe
  – 28 drops myrrh
  – 28 drops cassia
  – 14 drops cinnamon
  – 14 drops calumus

• Adapted Recipe
  – 32 drops myrrh
  – 32 drops cassia
  – 16 drops cinnamon
Oils for Tonight
Aloes (Sandalwood)

• John 19: 38-29
  — And after this Joseph of Arimathaea, being a disciple of Jesus, but secretly for fear of the Jews, besought Pilate that he might take away the body of Jesus: and Pilate gave him leave. He came therefore, and took the body of Jesus.
  — And there came also Nicodemus, which at the first came to Jesus by night, and brought a mixture of myrrh and aloes, about an hundred pound weight.
Aloes (Sandalwood)

- An expensive oil even today, 100 lbs of aloes mentioned in this text is about $150,000-200,000 in today’s dollars
- Reverence to anoint the body of Jesus with this oil
Cassia

• Very similar in smell to cinnamon
  – Same family of plants (same family as bay too)
  – Very different medicinal uses
    • COX 2 inhibitor, antifungal, anticoagulant
    • Heals cataracts

• Can be very strong, and needs to be diluted before application to the skin
Cedarwood

- This oil is one of the first to be distilled, and is on record to have been distilled more than 5000 years ago.
- Text cites its use in cleansing leprosy, and priests would anoint on right ear, right thumb, and right toe (now known as reflexology points for emotional release).
- Also an insect and moth repellant.
- High concentration of sesquiterpenes which is why it is used for mental focus.
Cypress

• Very rich in monoterpenes which helps the body to reprogram bad information to good information at the cellular level

• Supports immune function and can help to strengthen capillaries and the cardiovascular system
Galbanum

- Exodus 30:34-36
  - And the LORD said unto Moses, Take unto thee sweet spices, stacte, and onycha, and galbanum; these sweet spices with pure frankincense: of each shall there be a like weight:
  - And thou shalt make it a perfume, a confection after the art of the apothecary, tempered together, pure and holy:
  - And thou shalt beat some of it very small, and put of it before the testimony in the tabernacle of the congregation, where I will meet with thee: it shall be unto you most holy.
Galbanum

- Anti-inflammatory, antibacterial, anticonvulsant activity
- When combined with sandalwood and frankincense frequency of vibration is dramatically increased
Myrrh

• Stacte
  – Myrrh is the only oil in the Bible that was made into an anointing oil and a holy incense
  – This allows myrrh to act as a fixing agent (an oil that preserves the balance of other oils
    • Indicates God’s intention for oils to be blended together for a variety of purposes
Onycha

- An oil so thick it will not pour from the bottle
- Contains vanillin aldehyde which gives it the smell of vanilla
- Used to speed healing of wounds and infections
Frankincense

• Number 16: 46-50
  – Then Moses said to Aaron, “Take your censer and put incense in it, along with burning coals from the altar, and hurry to the assembly to make atonement for them. Wrath has come out from the LORD; the plague has started.” So Aaron did as Moses said, and ran into the midst of the assembly. The plague had already started among the people, but Aaron offered the incense and made atonement for them. He stood between the living and the dead, and the plague stopped. But 14,700 people died from the plague, in addition to those who had died because of Korah. Then Aaron returned to Moses at the entrance to the tent of meeting, for the plague had stopped.
Frankincense

• Mentioned as the universal cure all—I mean it stopped a plague in the Bible!
• Still widely diffused in churches and is a key ingredient in many colognes and perfumes
• Is able to turn off cancer and return damaged DNA to a healthy state, potent anti-inflammatory properties, amazing for meditation
Hyssop

- Psalms 51:7
  - Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.
Hyssop

• Long thought to purify evil thoughts and cleanse from sin
• A mix of sesquiterpenes (which helps to delete addictions and compulsions from the DNA) and monoterpenes (which reprogram the DNA) to God’s image of man
Myrtle

• Evidence shows that myrtle oil can normalize thyroid and ovarian function and is very soothing to the respiratory system

• Another one of Esther’s names is Hadassah which means myrtle, and myrtle was probably used to prepare her for her marriage to the king
Rose of Sharon (cistus)

- Resin of the plant was used by shepherds to treat wounds on sheep and goats
- Cell regenerating properties can help with arthritis
Spikenard

• Luke 7:36-37
  – And, behold, a woman in the city, which was a sinner, when she knew that Jesus sat at meat in the Pharisee's house, brought an alabaster box of ointment,
  – And stood at his feet behind him weeping, and began to wash his feet with tears, and did wipe them with the hairs of her head, and kissed his feet, and anointed them with the ointment.

• Mark 14:3
  – And being in Bethany in the house of Simon the leper, as he sat at meat, there came a woman having an alabaster box of ointment of spikenard very precious; and she brake the box, and poured it on his head.
Spikenard

• One of the last oils placed on Jesus before his arrest, and used by Mary to anoint the feet of Jesus at the last supper, and by another Mary to embalm the body of Jesus
• Used for insomnia, nervous tension, and heart arrhythmias
Conclusions

• Mark 6:10-13
  – Mark records
    • That Jesus states that we should minister to others about the oils if they are open and receptive and skip over those who are unwilling to receive the good news
    • That healing is accompanied by repentance and they cannot work without one another
    • That we have the power to cast out devils
    • That oils can heal the sick

• We who use and promote oils are carrying forward the work of Christ, and the art and practice of oils belongs in the church
Opportunity

• From today until May 24, I will be offering the following at 24% off retail with almost no tax or shipping
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